








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VARIETY CEREAL STRING CHEESE 100% JUICE LOWFAT MILK	WARM BREAKFAST BAGEL W/JELLY/MARGARINE VARIETY CEREAL 100% JUICE LOWFAT MILK	VARIETY CEREAL STRING CHEESE 100% JUICE LOWFAT MILK	CHICKEN BISCUIT SANDWICH VARIETY CEREAL 100% JUICE LOWFAT MILK	PILLSBURY WAFFLES STRING CHEESE 100% JUICE LOWFAT MILK

2011-2012

MARCH ELEMENTARY BREAKFAST & LUNCH MENU

ITEM CONTAINS PORK

27 CHICKEN NUGGETS BROCCOLI W/CHEESE TROPICAL FRUIT CATSUP	28 NACHOS SUPREME TORTILLA CHIPS CORN PEACH CUP	29 PIZZA (CHEESE OR PEPPERONI) TOSSED SALAD W/ VARIETY DRESSING MANDARIN ORANGES	1 NO SCHOOL!!	2  HAMBURGER ON BUN PICKLES MIXED FRUIT CATSUP/MUSTARD
5 SLOPPY JOE ON BUN TATER TOTS MANDARIN ORANGES CATSUP	6  <u>ELECTION DAY-COLD LUNCH</u> DELI TURKEY SANDWICH BABY CARROTS W/ RANCH DRESSING APPLE SLICES COOKIE	7  PIZZA (CHEESE OR PEPPERONI) TOSSED SALAD W/ VARIETY DRESSING BANANA	8 MOZZARELLA CHEESE STICKS TOSSED SALAD W/ VARIETY DRESSING FRUITED GELATIN MARINARA SAUCE	9 BEEF BURRITO CORN PEACHES TACO SAUCE
12 ITALIAN STYLE MEATBALLS W/BUN GREEN BEANS PEACHES	13 CRISPY CHICKEN LEG MSHD POTS & GRAVY CORN MUFFIN W/ MARGARINE FRUITED GELATIN	14 PIZZA (CHEESE OR PEPPERONI) TOSSED SALAD W/ VARIETY DRESSING FRESH FRUIT CUP	15 CHICKEN FINGER WRAP SHREDDED LETTUCE SALAD W/RANCH DRESSING MANDARIN ORANGES	16 BREAKFAST FOR LUNCH FRENCH TOAST STICKS W/ TURKEY SAUSAGE LINKS SWEET POTATO PUFFS STRAWBERRY CUP SYRUP
19 CHICKEN PATTY SANDWICH BROCCOLI W/CHEESE PINEAPPLE TIDBITS CATSUP/MUSTARD	20  MACARONI & CHEESE COOKED CARROT COINS CORN MUFFIN W/ MARGARINE PEARS	21 PIZZA (CHEESE OR PEPPERONI) TOSSED SALAD W/ VARIETY DRESSING ORANGE SECTIONS	22  SOFT BEEF TACO SHREDDED LETTUCE SALAD W/RANCH DRESSING PEACH CUP	23 TURKEY HOT DOG ON BUN BAKED BEANS MANDARIN ORANGES CATSUP/MUSTARD
26 CHICKEN NUGGETS CORN COBBETTE W/ MARGARINE MANDARIN ORANGES CATSUP	27 CHEESEBURGER SLIDERS TATER TOTS PEACHES  CATSUP/MUSTARD	28 PIZZA (CHEESE OR PEPPERONI) TOSSED SALAD W/ VARIETY DRESSING BANANA	29 PASTA W/MEATSAUCE BREADSTICK TOSSED SALAD W/ VARIETY DRESSING APPLE SLICES 	30 NACHOS SUPREME TORTILLA CHIPS CORN CINNAMON APPLESAUCE

WHITE (LOWFAT) & CHOCOLATE (FAT FREE) MILK OFFERED DAILY - LACTOSE INTOLERANT STUDENTS WILL BE OFFERED DAIRY EASE TO REPLACE MILK WITH PHYSICIAN'S ORDER

MENU SUBJECT TO CHANGE WITHOUT NOTICE

The Facts on Healthy Snacks

Do you think snacking means crunching chips, munching marshmallows, or chowing down on cookies? Lots of people think snacks mean foods that aren't nutritious. But snacks can be healthy, too. And healthy snacks are more likely to give you the energy and the nutrients you need.

TRY HEALTHY SNACKS

