



2022 - 2023 SECONDARY BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST ENTREES

MINIMUM OF TWO ENTREE CHOICES OFFERED DAILY

BANANA BREAD (44) **E,M,S,W**
BREAKFAST BAR, APPLE (31) **E,M,S** - CHOC (27) **E,M,S,W**
DONUT (29) **E,M,S,W**
FRENCH TOAST STICKS (38) **E,M,S,W**
GOODY HONEY BUN (34) **E,M,S,W**
MUFFINS - CHOCOLATE CHIP (27) **E,M,S,W** OR BLUEBERRY (26) **E,M,S,W**
POP TARTS (1=37, 2=74) **S,W**
WAFFLES (37) **E,M,W**

FRESH FRUITS, 100% FRUIT JUICES & FRUIT CUPS

MINIMUM OF TWO CHOICES OFFERED DAILY

FRESH FRUITS: APPLES (34), BANANAS (30), ORANGES (19), PEARS (26)
FRUIT CUPS: MIXED BERRY, PEACH, APRICOT (14-26) - APPLESAUCE (22) - CRAISINS (28)
4 oz JUICES: ORANGE (12) , APPLE (14), GRAPE (18)

MILK

MINIMUM OF TWO FLAVORS OFFERED DAILY

WHITE: 1% & SKIM (13) **M**
FLAVORED: FAT-FREE CHOCOLATE (20) **M** OR STRAWBERRY (19) **M**
DAIRY EASE (12) **M**